




2011 - 2012 Dance Schedule [tentative]

<i>Day</i>	<i>Time</i>	<i>Description</i>
Monday		
Ballet II	6:30 - 7:30 PM	<p>Ballet Technique II, Pointe I & II: These classes are for those dancers who have a strong interest in ballet and plan to dance en pointe in the future. Vocabulary will be stressed in addition to fundamentals and refining technique. Levels are determined by instructor. These dancers perform in our spring ballet. [As a general guide: Ballet II = Grades 3, 4, 5, 6 Pointe I = 7, 8, 9 Pointe II = 10, 11, 12]</p>
Pointe I	7:30 - 8:30 PM	
Pointe II	5:15 - 6:30 PM	
Beginner I	6:00 - 6:45 PM	<p>This class moves at a more advanced pace than the Pre-K class, with increased focus on the technique fundamentals of both ballet and tap and employing similar learning methods in the curriculum.</p>
Jazz / Hip Hop I	5:45 - 6:45 PM	<p>Jazz & Hip Hop Mini, I, II, III, and Advanced: Hip Hop is a fun and challenging class. With great technique fundamentals and a strong focus on core stability, students will strengthen their bodies, improve coordination and flexibility, gain confidence, and become more knowledgeable in hip hop. [As a general guide: Mini = K - 1 I = 2, 3 II = 3, 4, 5 III = 6, 7, 8 Advanced = 9, 10, 11, 12]</p>
Jazz / Hip Hop Advanced	7:30 - 8:30 PM	


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	5:00 - 6:00 PM	Mixing a number of different Latin dance and music styles such as merengue, salsa, hip hop, mambo and more this class provides an awesome cardio and body sculpting experience through easy-to-follow dance moves. It targets all areas of the body and prior dance experience is not required! This class is a wonderful way to exercise and have fun!
	7:00 - 7:50 PM	Zumba Toning combines targeted body-sculpting exercises and high-energy cardio work. Using weights, this small class setting offers Individual Coaching to ensure you are getting maximum benefits.
Tuesday		
We 2	4:30 - 5:00 PM	This class is for two year-olds and their family members. A parent, grandparent, or family member must remain present and participate in the class. The class focuses on creative movement and gross motor skills. It progresses from working with parent, to working individually, to working with others.
Pre - K	5:30 - 6:15 PM	This class introduces ballet and tap in a more formal method. The class focuses on creative movement and gross motor skills and also is introduced to some of the technique fundamentals of both ballet and tap. Our curriculum enables us to help them as many connections as possible at this age using visual stimulation, memory sequencing, pretend play and more.
Beginner I	4:45 - 5:30 PM	This class moves at a more advanced pace than the Pre-K class, with increased focus on the technique fundamentals of both ballet and tap and employing similar learning methods in the curriculum.


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Beginner II	6:30 - 7:15 PM	This class continues the study of tap and ballet at a more advanced level and a faster pace than Beginner I. Fundamentals continue to be built upon. At this level we are also working on rhythm sequencing and counting.
Advanced Beginner	6:15 - 7:15 PM	This class continues the study of tap and ballet at a more advanced level and a faster pace than Beginner II. It also incorporates and introduction to jazz. Technique fundamentals continue to be built upon. Class time extends to 60 minutes.
Intermediate II	5:00 - 6:15 PM	This class continues the study of ballet, tap, and jazz at a faster, more advanced pace than the Intermediate I class. Technique is heavily focused on in the fall in preparation for spring choreography. Class time extends to 75 minutes. Depending upon interest, students at this level may /should participate in Ballet Technique class should they desire to dance en pointe in the future.
Intermediate III	7:15 - 8:30 PM	This class continues the study of ballet, tap, and jazz at a faster, more advanced pace than the Intermediate II class. Depending upon interest, students at this level may / should participate in Ballet Technique class should they desire to dance en pointe in the future.
	7:30 - 8:30 PM	
Mini Jazz / Hip Hop	5:30 - 6:15 PM	
Jazz / Hip Hop II	6:15 - 7:15 PM	
Adult Non-performing Jazz / Hip Hop	7:30 - 8:30 PM	

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<i>Day</i>	<i>Time</i>	<i>Description</i>
Adults	8:30 - 9:30 PM	This class is for adults, typically 18 and older. Most dancers in this class have prior performing experience. Ballet, tap, jazz, and contemporary are studied. Some dancers in this class take Ballet Technique and/or Hip Hop.
Wednesday		
Three Year-Old ADVENTURE	9:00 - 10:15 AM	The Adventure courses for our Threes combines the Pre-K dance class with curriculum-gearred activities. Based on daily themes, the classes will have crafts, skits, music, snacks, and more.
Pre - K	5:00 - 5:45 PM	
Beginner I	5:15 - 6:00 PM	
Beginner II	5:45 - 6:30 PM	
Advanced Beginner	6:30 - 7:30 PM	
Intermediate I	6:00 - 7:00 PM	This class continues the study of tap and ballet and jazz. Technique is heavily focused on in the fall in preparation for spring choreography.
Intermediate III	6:00 - 7:15 PM	
Intermediate IV	7:15 - 8:30 PM	This class continues the study of ballet, tap, and jazz at a faster, more advanced pace than the Intermediate III class. Unless planning to not dance en pointe, students at this level should be enrolled in a Ballet Technique class.
	7:30 - 8:30 PM	
Ballet II	5:00 - 6:00 PM	
Adult Tap	7:30 - 8:30 PM	Always wanted to learn to tap dance? Here's your chance! Tap dancing is good for the body and the soul. All ages and levels are welcome. Focus on solid technique and lots of fun!

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Thursday		
Beginner I	10:00 - 10:45 AM	
Pre - K	1:30 - 2:15 PM	
Pre - K	5:15 - 6:00 PM	
Intermediate I	6:15 - 7:15 PM	
Intermediate II	5:00 - 6:15 PM	
 Zumba® Toning	6:00 - 7:00 PM	
Jazz / Hip Hop III	7:30 - 8:30 PM	
Advanced I	5:00 - 6:15 PM	This class continues the study of ballet, tap, and jazz at a faster, more advanced pace than the Intermediate IV class. It also introduces the style of contemporary ballet. Students at this level are often enrolled in supplementary classes--either Ballet, Hip Hop, or both. :)
Advanced I	6:15 - 7:30 PM	
Advanced II	7:30 - 9:00 PM	This class continues the study of ballet, tap, and jazz at a faster, more advanced pace than the Intermediate IV class. It also introduces the style of contemporary ballet. Students at this level are often enrolled in supplementary classes--either Ballet, Hip Hop, Modern, or all three. :)
Friday		
Modern	4:15 - 5:00 PM	Born in the early 20th century, modern dance is a dance style that centers on a dancer's own interpretations instead of structured steps, as in traditional ballet dancing. This class focuses on Horton technique.
Possible Ballet Rehearsals		